

JUN 2023

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 10.30-2.30 Art class 12.30-3 Naturopath	2
6 10-4 Launch Housing 10.30-2.30 Creative Writing 11-12 Stretch & Tone	7 10-4 Launch Housing 10.30-2.30 Grow Cook and Go 1.30-3.15 Barber shop	8 10.30-2.30 Art class 12.30-3 Naturopath	9
13 10-4 Launch Housing 10.30-2.30 Creative Writing 11-12 Stretch & Tone	14 10-4 Launch Housing 10.30-2.30 Grow Cook and Go 2.30-3.30 Coffee & cake	15 10-4 AOD Therapeutic Serv. 10.30-2.30 Art class 12.30-3 Naturopath 12.30-1.30 Lunch	16 2-3.30 Art Therapy
20 10-4 Launch Housing 10.30-2.30 Creative Writing 11-12 Stretch & Tone 12.30-1.30 Lunch	21 10-4 Launch Housing 10.30-2.30 Grow Cook and Go 1.30-3.15 Barber shop 2.30-3.30 Coffee & cake	22 10-4 AOD Therapeutic Serv. 10.30-2.30 Art class 12.30-3 Naturopath 12.30-1.30 Lunch	23 2-3.30 Art Therapy
27 10-4 Launch Housing 11-12 Stretch & Tone 12.30-1.30 Lunch	28 10-4 Launch Housing 2.30-3.30 Coffee & cake	29 10-4 AOD Therapeutic Serv. 12.30-3 Naturopath 12.30-1.30 Lunch	30 2-3.30 Art Therapy

DWF consultations
via phone and face
to face available

AVAILABLE DAILY
Client Care and Support
Pantry (accessible once
a fortnight per client)
Toast, Cereal, Tea,
Coffee
Vitamart
Laundry Facilities
NSP
Lube and Condom Sales

Please contact
reception to enroll in
some of our courses
and activities

JUL 2023

TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
10-4 Launch Housing	4	10-4 Launch Housing	5	10-4 AOD Therapeutic Serv.	6	2-3.30 Art Therapy	7
11-12 Stretch & Tone		1.30-3.15 Barber shop		12.30-3 Naturopath			
12.30-1.30 Lunch		2.30-3.30 Coffee & cake		6-7 Monthly Dinner			
10-4 Launch Housing	11	10-4 Launch Housing	12	10-4 AOD Therapeutic Serv.	13		14
11-12 Stretch & Tone		2.30-3.30 Coffee & cake		10.30-2.30 Art class			
12.30-1.30 Lunch				12.30-3 Naturopath			
				12.30-1.30 Lunch			
10-4 Launch Housing	18	10-4 Launch Housing	19	10-4 AOD Therapeutic Serv.	20		21
11-12 Stretch & Tone		1.30-3.15 Barber shop		10.30-2.30 Art class			
12.30-1.30 Lunch		2.30-3.30 Coffee & cake		12.30-3 Naturopath			
				12.30-1.30 Lunch			
10-4 Launch Housing	25	10-4 Launch Housing	26	10-4 AOD Therapeutic Serv.	27		28
11-12 Stretch & Tone		2.30-3.30 Coffee & cake		10.30-2.30 Art class			
12.30-1.30 Lunch				12.30-3 Naturopath			
				12.30-1.30 Lunch			

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AUG 2023

TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
10-4 Launch Housing 11-12 Stretch & Tone 12.30-1.30 Lunch	1	10-4 Launch Housing 1.30-3.15 Barber shop 2.30-3.30 Coffee & cake	2	10-4 AOD Therapeutic Serv. 10.30-2.30 Art class 12.30-3 Naturopath 6-7 Monthly Dinner	3		4
10-4 Launch Housing 11-12 Stretch & Tone 12.30-1.30 Lunch	8	10-4 Launch Housing 2.30-3.30 Coffee & cake	9	10-4 AOD Therapeutic Serv. 10.30-2.30 Art class 12.30-3 Naturopath 12.30-1.30 Lunch	10		11
10-4 Launch Housing 11-12 Stretch & Tone 12.30-1.30 Lunch	15	10-4 Launch Housing 1.30-3.15 Barber shop 2.30-3.30 Coffee & cake	16	10-4 AOD Therapeutic Serv. 10.30-2.30 Art class 12.30-3 Naturopath 12.30-1.30 Lunch	17		18
10-4 Launch Housing 11-12 Stretch & Tone 12.30-1.30 Lunch	22	10-4 Launch Housing 2.30-3.30 Coffee & cake	23	10-4 AOD Therapeutic Serv. 10.30-2.30 Art class 12.30-3 Naturopath 12.30-1.30 Lunch	24		25
10-4 Launch Housing 11-12 Stretch & Tone 12.30-1.30 Lunch	29	10-4 Launch Housing 1.30-3.15 Barber shop 2.30-3.30 Coffee & cake	30	10-4 AOD Therapeutic Serv. 10.30-2.30 Art class 12.30-3 Naturopath 12.30-1.30 Lunch	31		

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