

# JUN 2021

TUE	WED	THU	FRI
<p><b>1</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p>	<p><b>2</b></p> <p>10-4 Launch Housing appointments</p>	<p><b>3</b></p> <p>10-2 Grow Cook and Go</p> <p>12.30-3 Naturopath</p> <p>7-9 HALC appointments</p>	<p><b>4</b></p>
<p><b>8</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p>	<p><b>9</b></p> <p>10-4 Launch Housing appointments</p>	<p><b>10</b></p> <p>10-2 Grow Cook and Go</p> <p>12.30-3 Naturopath</p> <p>7-9 HALC appointments</p>	<p><b>11</b></p>
<p><b>15</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p>	<p><b>16</b></p> <p>10-4 Launch Housing appointments</p>	<p><b>17</b></p> <p>10-2 Grow Cook and Go</p> <p>12.30-3 Naturopath</p> <p>7-9 HALC appointments</p>	<p><b>18</b></p>
<p><b>22</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p> <p>2-3 Nutritional Workshop: Bite Size Pieces</p>	<p><b>23</b></p> <p>10-4 Launch Housing appointments</p>	<p><b>24</b></p> <p>12.30-3 Naturopath</p> <p>7-9 HALC appointments</p>	<p><b>25</b></p>
<p><b>29</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p>	<p><b>30</b></p> <p>10-4 Launch Housing appointments</p>		

DWF consultations via phone and face to face available

## AVAILABLE DAILY

Client Care and Support  
 Pantry (accessible once a fortnight per client)  
 Toast, Cereal, Tea, Coffee  
 Vitamart  
 Laundry Facilities  
 NSP  
 Lube and Condom Sales

# JUL 2021

TUE	WED	THU	FRI
		1 12.30-3 Naturopath 7-9 HALC appointments	2
6 10-4 Launch Housing appointments 11.30-12.30 Exercise class 12.30-1.30 Lunch	7 10-4 Launch Housing appointments	8 12.30-3 Naturopath 7-9 HALC appointments	9
13 10-4 Launch Housing appointments 11.30-12.30 Exercise class 12.30-1.30 Lunch	14 10-4 Launch Housing appointments	15 12.30-3 Naturopath 7-9 HALC appointments	16
20 10-4 Launch Housing appointments 11.30-12.30 Exercise class 12.30-1.30 Lunch	21 10-4 Launch Housing appointments 10.30-12.30 Art Class	22 12.30-3 Naturopath 7-9 HALC appointments	23
27 10-4 Launch Housing appointments 11.30-12.30 Exercise class 12.30-1.30 Lunch 2-3 Nutritional Workshop	28 10-4 Launch Housing appointments 10.30-12.30 Art Class	29 12.30-3 Naturopath 7-9 HALC appointments	30

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 Toast, Cereal, Tea, Coffee  
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 Lube and Condom Sales

TUE	WED	THU	FRI
<p style="text-align: right;"><b>3</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p>	<p style="text-align: right;"><b>4</b></p> <p>10-4 Launch Housing appointments</p> <p>10.30-12.30 Art Class</p>	<p style="text-align: right;"><b>5</b></p> <p>12.30-3 Naturopath</p> <p>7-9 HALC appointments</p>	<p style="text-align: right;"><b>6</b></p>
<p style="text-align: right;"><b>10</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p>	<p style="text-align: right;"><b>11</b></p> <p>10-4 Launch Housing appointments</p> <p>10.30-12.30 Art Class</p>	<p style="text-align: right;"><b>12</b></p> <p>12.30-3 Naturopath</p> <p>7-9 HALC appointments</p>	<p style="text-align: right;"><b>13</b></p>
<p style="text-align: right;"><b>17</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p>	<p style="text-align: right;"><b>18</b></p> <p>10-4 Launch Housing appointments</p> <p>10.30-12.30 Art Class</p>	<p style="text-align: right;"><b>19</b></p> <p>12.30-3 Naturopath</p> <p>7-9 HALC appointments</p>	<p style="text-align: right;"><b>20</b></p>
<p style="text-align: right;"><b>24</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p>	<p style="text-align: right;"><b>25</b></p> <p>10-4 Launch Housing appointments</p> <p>10.30-12.30 Art Class</p>	<p style="text-align: right;"><b>26</b></p> <p>12.30-3 Naturopath</p> <p>7-9 HALC appointments</p>	<p style="text-align: right;"><b>27</b></p>
<p style="text-align: right;"><b>31</b></p> <p>10-4 Launch Housing appointments</p> <p>11.30-12.30 Exercise class</p> <p>12.30-1.30 Lunch</p> <p>2-3 Nutritional Workshop</p>			

# AUG 2021

DWF consultations via phone and face to face available

## AVAILABLE DAILY

Client Care and Support  
 Pantry (accessible once a fortnight per client)  
 Toast, Cereal, Tea, Coffee  
 Vitamart  
 Laundry Facilities  
 NSP  
 Lube and Condom Sales